



## **AAC Success and Wellness Plan FALL 2022**

**PLEASE READ CAREFULLY as all of us must abide by these directives for the safety of our community.**

Everyone must continue to do their part to take care of themselves and help take care of others by following the protocols in this document. Now, more than ever, our mission and identity call on us to exercise our commitment to the creative community.

### **MASKING**

The COVID-19 Task Force determined that the AAC will continue with a mask-optional policy. This decision is in alignment with current CDC Guidelines.

**Students, staff, and visitors who want to continue wearing a mask are supported and encouraged to do so.** There is an abundance of **N-95 masks at the front desk.**

COVID-19 is unpredictable, and we will not hesitate to reinstate a mask mandatory policy if necessary.

### **VACCINATION**

#### **Vaccination and Booster Requirements**

AAC requires all faculty, staff and students to be fully vaccinated against the COVID-19 virus. Fully vaccinated means that you have received two vaccines and one booster. Please upload your VACCINATION RECORDS on the COVID-19 page of the AAC website. <https://form.jotform.com/210323871240141>

Schedule a vaccine or booster appointment here:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/How-Do-I-Get-a-COVID-19-Vaccine.html>

Anyone who has already received an approved exemption from a COVID-19 vaccination will continue to be exempt from this requirement. Students requesting an exemption from the vaccine or booster, must fill out the VACCINE EXEMPTION REQUEST FORM on the COVID-19 page of the AAC website.

<https://form.jotform.com/211573728460154>

## VACCINATION

The best way to prevent COVID-19 is through **vaccination**. There are new variants that we don't fully understand, however, we do know that the virus is thought to spread mainly from person-to-person, which includes:

- > Between people who are in close contact with one another (within about 6 feet).
- > Through respiratory droplets produced when an infected person talks, exhales, coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- > The virus that causes COVID-19 has been found to circulate in most US communities, sometimes without symptoms, putting everyone at ongoing risk. Keeping space between you and others, wearing a face covering, and washing your hands frequently are the best tools to avoid being exposed to this virus and spreading it to others.

Any questions related to COVID-19 should be directed to Nurse Mary Cadek at [mary.cadek@artacademy.edu](mailto:mary.cadek@artacademy.edu).

## IN CASE OF POSITIVE COVID-19 SYMPTOMS

All AAC students, faculty, and staff **regardless of vaccination status** who are experiencing symptoms of COVID-19 and/or have been in close proximity with someone who has tested positive for COVID-19 must:

- > **Contact the Health and Wellness Coordinator:**  
Contact, Mary Cadek at [mary.cadek@artacademy.edu](mailto:mary.cadek@artacademy.edu) as soon as possible to arrange for a diagnostic test. If you test elsewhere, your test results should be sent to [mary.cadek@artacademy.edu](mailto:mary.cadek@artacademy.edu). If your test results are positive, please see the guidelines below.
- > **Isolate**  
Any symptomatic or asymptomatic individual (vaccinated, boosted or unvaccinated) who tests positive for COVID-19 must isolate until fever free for 24 hours without medication, until symptoms have improved, and it has been **at least FIVE days** from when symptoms first began. After completing isolation, those individuals should wear an N95 mask around others for FIVE more days. There is an abundance of **N-95 masks at the front desk**.
- > **Isolation Housing:**  
Students testing positive for COVID-19 must isolate at home. If they are unable to return home the AAC will attempt to locate isolation housing at a nearby hotel and will prioritize on-campus students for isolation housing. For

information about Isolation Housing, please contact Lacey Haslam.  
[Lacey.haslam@artacademy.edu](mailto:Lacey.haslam@artacademy.edu)

- > **Contact Your Professors:**  
Email each of your professors

### **IN CASE OF POSITIVE COVID-19 SYMPTOMS FACULTY, STAFF**

All faculty and staff who are experiencing symptoms of COVID-19 and/or have been in close proximity with someone who has tested positive for COVID-19 must:

- > **Contact the Health and Wellness Coordinator:**  
Contact, Mary Cadek at [mary.cadek@artacademy.edu](mailto:mary.cadek@artacademy.edu) as soon as possible to arrange for a diagnostic test.
- > **Isolate Until Test Results are Received:**  
Any symptomatic or asymptomatic individual (vaccinated, boosted or unvaccinated) who tests positive for COVID- 19 must isolate at home until fever free for 24 hours without medication, until symptoms have improved, and it has been **at least FIVE days** from when symptoms first began. After completing isolation, those individuals should wear an N95 mask around others for FIVE more days. There is an abundance of **N-95 masks at the front desk.**
- > **Contact Your Supervisor:**  
Email each of your supervisor to arrange for remote work during isolation, awaiting test results, and potential quarantine.
- > **Questions, or Concerns:**  
If you have any questions or concerns regarding remote work, contact Linda Kollman, Human Resources Officer

### **COVID-19 Symptoms**

Anyone experiencing any symptoms associated with the flu, allergies, a cold or COVID-19 should contact Mary Cadek ([mary.cadek@artacademy.edu](mailto:mary.cadek@artacademy.edu)) **before** coming to campus.

Symptoms may include:

Cough  
Shortness of breath or difficulty  
breathing  
Fever (100.4°F or higher)  
Chills  
Muscle  
Pain  
Sore  
Throat  
Loss of taste or smell  
Nausea, vomiting or  
diarrhea  
Headache

Fatigue

### **COVID-19 Testing**

Diagnostic testing for COVID-19 will continue to be provided to students who have symptoms suggestive of COVID-19 in Health Services. Employees must seek diagnostic testing at state testing centers or through their primary care physician.

